

**FLOWINGFORCE SOULCAMP FOR  
WOMEN**  
**GOT GRIP? GET FLOW. HAVE FUN.**  
**Three fulfilling all-inclusive days of  
sweat, spirit, and self-discovery for  
women of all ages.**



**JOIN US JULY 20- 23, 2006 at The Essex Conference Center and Retreat**  
([www.eccr.com](http://www.eccr.com)) on glorious Cape Ann, Massachusetts for a fun and fabulous  
frolic – *your inner flow fairy will thank you!*

**\$595 per person includes tuition, accommodations and meals.** Optional  
kayaking and biking trips extra; professional massage and a variety of healing  
therapies will be available for private bookings and payment.

**GET FLOW** - Yoga (all levels), kayaking, biking and nature.

**GET FLOW** - Creative arts & abundant play; delectable eating, beaching,  
& spa/sauna.

**GET FLOW** – Transformational workshops on the "out of the grip, into the  
flow" theme with Robin Zucker and an amazing [faculty](#) (see [FAQs](#) for  
details).

**GET FLOW** - You'll feel stretched and supported; and **YOU** deserve it!

**FIND OUT ALL THE DETAILS** on our website and register by mail or on-line  
([www.floatingforce.com](http://www.floatingforce.com))

**WHILE YOU'RE THERE, CHECK OUT THE COMMENTS AND GALLERY OF  
PHOTOS FROM SOULCAMP 2005 – We had a blast!**

Questions? Contact Robin Zucker, Soulcamp Director at  
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